

## Integrated Healthcare Management

# Healthy Wonders

Great Starts for Moms and Babies

**Healthy Wonders gives expectant mothers the tools they need to feel prepared and confident throughout pregnancy. Our Obstetric/Gynecological registered nurses provide support, education, and early risk identification, helping mothers achieve full-term, reduced-stress pregnancies. The result is healthier babies and happier moms.**

### How it works:

Expectant mothers are paired with a personal Maternity Case Manager who is an Obstetric/Gynecological registered nurse. In partnership with your health care provider, your Maternity Case Manager will:

- Answer questions and provide support
- Provide educational materials
- Explain treatment plans
- Coordinate special services, if necessary
- Provide postpartum follow up

Pregnancy is more than a physical challenge, and our Maternity Case Managers are here to answer your questions, listen to your concerns, and provide the emotional support you need throughout your pregnancy.

**To enroll, call 1-800-447-7828 ext. 6245** as soon as your pregnancy is confirmed. There is no cost to you. This benefit is provided through your employer's group health plan.

**Questions?** Call the above number today and speak with a Maternity Case Manager.

